

Menu # 1					\$2.36
Beef Stew		Hormel		7.5 oz	
Juice		Minute Maid		6.75 oz.	
Wheat Twins		Lance		2 pk	
Oatmeal Cookies		Nabisco		1 oz.	
NFDM		CPI		1 e	
Menu # 2					\$2.67
Chili w/ Beans		Hormel		7.5 oz	
Juice		Minute Maid		6.75 oz	
Applesauce		Mott's		4 oz	
Saltine Crackers		Sunshine		2 pk	
Oatmeal Cookies		Nabisco		2 pk	
NFDM		CPI		1 e	
Menu # 3					\$2.38
Lasagna		Hormel		7.5 oz	
Cup Soup Mix (pack)		Lipton		1 pack	
Breadstick		Lance		2 pk	
Granola Bar		Quaker		1 oz	
NFDM		CPI		1 ea.	
Menu # 4					\$2.69
Chicken & Noodle		Hormel		7.5 oz	
Tomato Juice		Campbell		5.5 oz	
Chocolate Pudding		Hunts		4 oz	
Oatmeal Cookies		Nabisc		1 oz.	
NFDM		CPI		1 ea.	
Menu # 5					\$2.42
Granola Bar		Quaker		1 oz.	
NFDM		CPI		1 ea.	
Juice		Minute Maid		6.75 oz.	
Breadstick		Lance		2 pk	
Spaghetti/ Meatballs		Chef Boyardee		7.5 oz	
Menu # 6					\$3.04

NFDM		CPI		1 ea.
Chicken & Noodle		Hormel		7.5 oz
Oatmeal Cookies		Nabisco		1 oz.
Breadstick		Lance		2 pk.
Mix Vegetable		PL		8 oz
Juice		Minute Maid		6.75 oz.
Menu # 7				
Chicken & Noodle		Hormel		7.5 oz
NFDM		CPI		1 ea.
Granola Bar		Quaker		1 oz
Juice		Minute Maid		6.75 oz.
PB Cracker		Austin		6 pk.
Menu # 8				
Mixed Vegetable		PL		8 oz
Juice		Minute Maid		6.75 oz.
NFDM		CPI		1 ea.
Oatmeal Cookies		Nabisco		1 oz.
Chili Mac		Chef Boyardee		7.5 oz
Menu # 9				
NFDM		CPI		1 ea.
Juice		Minute Maid		6.75 oz.
Corn Flakes		Kelloggs		1 oz
Raisins		Karr's		1 oz
Corned Beef Hash		Hormel		7.5 oz
Menu # 10				
NFDM		CPI		1 ea.
Oatmeal Cookies		Nabisco		1 oz.
Breadstick		Lance		2 pk
Applesauce		Motts		4 oz
Cup Soup Mix (pack)		Lipton		1 pack
Mac & Cheese		Franco America		7.5 oz
Menu # 11				
Cup Soup Mix (pack)		Lipton		1 pack
NFDM		CPI		1 ea.
Raisins		Karr's		1 oz
Mayonnaise		PPI		1 T
Tuna, in Water		COS		3.2 oz

\$2.50

\$2.98

\$2.80

\$2.82

\$2.76

Juice		Minute Maid	6.75 oz.	
Saltine Crackers		Sunshine	2 pk	
Menu # 12				\$2.68
NFDM		CPI	1 ea.	
Raisins		Karrs	1 oz	
Breadstick		Lance	1 pack	
Juice		Minute Maid	6.75 oz.	
Granola Bar		Quaker	1 bar	
Chicken & Noodle		Hormel	7.5 oz	
Menu # 13				\$2.89
Juice		Minute Maid	6.75 oz.	
NFDM		CPI	1 ea.	
Mixed Vegetable		PL	8 oz	
Graham Crackers		Nabisco	2 pk	
Spaghetti&Meatball		Chef Boyardee	7.5 oz	
Menu # 14				\$3.25
NFDM		CPI	1 ea.	
Wheat Twins		Lance	2 pk	
Fruit Cocktail (lite)		Del Monte	4 oz	
Green Beans		PL	8 oz	
Juice		Minute Maid	6.75 oz.	
Lasagna		Hormel	7.5 oz	
Menu # 15				\$2.79
Chili w/ Beans		Hormel	7.5 oz	
NFDM		CPI	1 ea.	
Juice		Minute Maid	6.75 oz.	
Granola Bar		Quaker	1 bar	
Wheat Twins		Lance	2 pk	
Applesauce		Motts	4 oz	
Menu # 16				\$3.09
Chicken & Noodle		Hormel	7.5 oz	
NFDM		CPI	1 ea.	
Tomato Juice		Campbell	5.5 oz	
Granola Bar		Quaker	1 bar	
Green Beans		PL	8 oz	
Menu # 17				\$2.61

NFDM		CPI		1 ea.
Fruit Cocktail (lite)		Del Monte		4 oz
Juice		Minute Maid		6.75 oz.
Saltine Crackers		Sunshine		2 pk
Beef Stew		Hormel		7.5 oz
Menu # 18				
NFDM		CPI		1 ea.
Saltine Crackers		Sunshine		2 pk
Graham Crackers		Nabisco		2 pk
Juice		Minute Maid		6.75 oz.
Tuna, in Water		COS		3.2 oz
Peaches (lite)		Del Monte		4 oz
Menu # 19				
Chicken & Dumplings		Hormel		7.5 oz
Juice		Minute Maid		6.75 oz.
Applesauce		Mott's		4 oz
Wheat Twins		Lance		2 pk
NFDM		CPI		1 ea.
Menu # 20				
Juice		Minute Maid		6.75 oz.
Raisins		Karr's		1 oz
Corn Flakes		Kelloggs		1 oz
Corned Beef Hash		Hormel		7.5 oz
NFDM		CPI		1 ea.
Menu # 21				
Juice		Minute Maid		6.75 oz.
NFDM		CPI		1 ea.
Oatmeal Cookies		Nabisco		1 oz.
Spaghetti/ Meatballs		Chef Boyardee		7.5 oz
Mixed Vegetables		PL		8 oz
Menu # 22				
Juice		Minute Maid		6.75 oz.
NFDM		CPI		1 ea.
Wheat Twins		Lance		2 pk
Granola Bar		Quaker		1 oz.
Lasagna		Hormel		7.5 oz

\$2.69

\$2.58

\$2.80

\$2.98

\$2.39

Menu # 23					\$2.68
Chili w/ Beans	Hormel			7.5 oz	
Juice	Minute Maid			6.75 oz.	
Wheat Twins	Lance			2 pk	
NFDM	CPI			1 ea.	
Applesauce	Mott's			4 oz	
Oatmeal Cookies	Nabisco			1 oz.	
Menu # 24					\$2.79
Wheat Twins	Lance			2 pk	
NFDM	CPI			1 ea.	
Juice	Minute Maid			6.75 oz.	
Fruit Cocktail (lite)	Del Monte			4 oz	
Beef Vegetable Soup	Campbell's			7.5 oz	
Menu #25					\$2.60
Wheat Twins	Lance			2 pk	
NFDM	CPI			1 ea.	
Juice	Minute Maid			6.75 oz.	
Fruit Cocktail (lite)	Del Monte			4 oz	
Beef Stew	Hormel			7.5 oz	
Menu # 26					\$2.90
NFDM	CPI			1 ea.	
Oatmeal Cookies	Nabisco			1 oz.	
Wheat Twins	Lance			2 pk	
Applesauce	Motts			4 oz	
Chili Mac	Chef Boyardee			7.5 oz	
Low Sodium V-8 Juice	Campbell's			5.5 oz	
Menu # 27					\$2.98
Juice	Minute Maid			6.75 oz.	
Mixed Vegetables	PL			8 oz	
NFDM	CPI			1 ea.	
Oatmeal Cookies	Nabisco			1 oz.	
Scalloped Potatoes	Hormel			7.5 oz	
Menu # 28					\$2.42
Beef Ravoli	Chef Boyardee			7.5 oz	
Chocolate Pudding	Hunts			4 oz	
NFDM	CPI			1 ea.	

Juice		Minute Maid	6.75 oz.	
Wheat Twins		Lance	2 pk	
Menu # 29				\$2.63
Beans w/ Franks		Hormel	7.5 oz	
Granola Bar		Quaker	1 oz.	
Juice		Minute Maid	6.75 oz.	
NFDM		CPI	1 ea.	
Raisins		Karr's	1 oz	
Menu # 30				\$3.02
Chicken Noodle Soup		Campbell's	7 oz	
Fruit Cocktail (lite)		Del Monte	4 oz	
V-8 Low Sodium		Campbell's	5.5 oz	
NFDM		CPI	1 ea.	
Saltine Crackers		Sunshine	2 pk	
Menu # 31				\$2.33
NFDM		CPI	1 ea.	
Oatmeal Cookies		Nabisco	1 oz.	
Juice		Minute Maid	6.75 oz.	
Saltine Crackers		Sunshine	1 serving	
Tuna in Water		COS	3.2 oz	
Menu # 32				\$3.26
Mac & Cheese		Franco America	7.5 oz	
NFDM		CPI	1 ea.	
Oatmeal Cookies		Nabisco	1 oz.	
Beef Vegetable Soup		Campbell's	7.5 oz	
Breadstick		Lance	1 pack	
Menu # 33				\$2.67
NFDM		CPI	1 ea.	
Oatmeal Cookies		Nabisco	1 oz.	
Juice		Minute Maid	6.75 oz.	
PB Crackers		Austin	6 crax	
Beef Vegetable Soup		Campbell's	7.5 oz	
Menu # 34				\$2.63
Captain Wafers		Lance	2 pk	
Chicken & Noodle		Hormel	7.5 oz	

NFDM		CPI		1 ea.
Oatmeal Cookies		Nabisco		1 oz.
Juice		Minute Maid		6.75 oz.
Raisins		Karr's		1 oz
Menu # 35				
Juice		Minute Maid		6.75 oz.
Lasagna		Hormel		7.5 oz
NFDM		CPI		1 ea.
Saltine Crackers		Sunshine		1 serving
Spinach (canned)		PL		8 oz
Menu # 36				
NFDM		CPI		1 ea.
Oatmeal Cookies		Nabisco		1 oz.
Raisins		Karr's		1 oz
Scalloped Potatoes		Hormel		7.5 oz
Tomato Juice		Campbells		5.5 oz
Menu # 37				
Chicken Noodle Soup		Campbell's		8 oz
V-8, Low Sodium		Campbell's		5.5 oz
NFDM		CPI		1 ea.
Saltines		Sunshine		2 pk
PB Crackers		Austin		6 pk
Pineapple Cup		PL		4 oz
Menu # 38				
Applesauce		Mott's		4 oz
Low Sodium V-8 Juice		Campbell's		5.5 oz
Mac & Cheese		Franco America		7.5 oz
Melba Toast Crackers		Lance		2 each
NFDM		CPI		1 ea.
Menu # 39				
Beef Stew		Hormel		7.5 oz
NFDM		CPI		1 ea.
Oatmeal Cookies		Nabisco		1 oz.
Juice		Minute Maid		6.75 oz.
Saltine Crackers		Sunshine		2 pk

\$2.81

\$2.70

\$3.26

\$2.92

\$2.36

Menu # 40				\$3.04
Mayonnaise	PPI		1 T	
NFDM	CPI		1 ea.	
Juice	Minute Maid		6.75 oz.	
Pork Beans	Campbell's		10 oz	
Raisins	Karr's		1 oz	
Tuna, in Water	COS		3.0 oz	
Menu # 41				\$3.48
Chocolate Pudding	Hunt's		4 oz	
Juice	Minute Maid		6.75 oz.	
NFDM	CPI		1 ea.	
Saltines	Sunshine		2 pk	
Beef Vegetable Soup	Hormel		7.5 oz	
Tuna, In Water	COS		3.0 oz.	
Menu # 42				\$2.42
Fruit Cocktail (lite)	Del Monte		4 oz	
NFDM	CPI		1 ea.	
Oatmeal Packet	PL		1 oz.	
PB Crackers	Austin		6 pk	
Raisins	Karr's		1 oz	
Tomato Juice	Campbell's		5.5 oz	
Menu # 43				\$2.67
Chili Mac	Chef Boyardee		7.5 oz	
NFDM	CPI		1 ea.	
Tomato Juice	Campbell's		5.5 oz	
Applesauce	Mott's		4 oz	
Melba Toast Crackers	Lance		2 pk	
Menu # 44				\$3.03
Chicken & Dumplings	Hormel		7.5 oz	
Graham Crackers	Nabisco		2 pk	
Juice	Minute Maid		6.75 oz.	
Mixed Vegetables	PL		8 oz	
NFDM	CPI		1 ea.	
Saltine Crackers	Sunshine		2 pk	
Menu # 45				\$2.74
Juice	Minute Maid		6.75 oz.	
Green Beans	PL		8 oz	

Hot Chocolate	Swiss Miss		1 pack
Spaghetti/ Meatballs	Chef Boyardee		7.5 oz
Wheat Twins	Lance		2 pk
Menu # 46			
Beets (canned)	PL		8 oz
Mayonnaise	PPI		1 T
NFDM	CPI		1 ea.
Juice	Minute Maid		6.75 oz.
Pineapple (canned)	PL		4 oz
Saltine Crackers	Sunshine		2 pk
Tuna, in Water	COS		3.2 oz
Menu # 47			
Chicken & Dumplings	Hormel		7.5 oz
Graham Crackers	Nabisco		2 pk
Juice	Minute Maid		6.75 oz.
Green peas (canned)	PL		8 oz
NFDM	CPI		1 ea.
Wheat Twins	Lance		2 crackers
Menu # 48			
Applesauce	Mott's		4 oz
Juice	Minute Maid		6.75 oz.
NFDM	CPI		1 ea.
Spaghetti/ Meatballs	Sunshine		7.5 oz
Spinach (canned)	PL		8 oz
Menu # 49			
Chili w/ Beans	Hormel		7.5 oz
Graham Crackers	Nabisco		2 pk
NFDM	CPI		1 ea.
Juice	Minute Maid		6.75 oz.
Saltine Crackers	Sunshine		2 pk
Spinach (canned)	PL		8 oz
Menu # 50			
Chicken & Noodle	Hormel		7.5 oz
NFDM	CPI		1 ea.
Oatmeal Cookies	Nabisco		1 oz.
Juice	Minute Maid		6.75 oz.
Raisins	Karrs		1 oz

\$3.38

\$3.03

\$3.09

\$2.92

\$2.63

Saltine Crackers	Sunshine		2 pk
Menu # 51			
Juice	Minute Maid		6.75 oz.
Hot Chocolate	Swiss Miss		1 pack
Mixed Vegetables	PL		8 oz
Raisins	Karr's		1 oz
Scalloped Potatoes	Hormel		7.5 oz
Menu # 52			
Chocolate Pudding	Hunts		4 oz
Graham Crackers	Nabisco		2 pk
Juice	Minute Maid		6.75 oz.
Mayonnaise	PPI		1 T
NFDM	CPI		1 ea.
Saltine Crackers	Sunshine		2 pk
Tuna Lite Water	COS		3.2 oz

\$2.92

\$2.57